



# Separation Related Behaviours

## Talk to The Hound Dog Training & Behaviour

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*'A Happy Hound, A Happy Home'  
Multi Award Winning Dog Trainer &  
Behaviourist*

## About Talk to the Hound



At Talk to The Hound Dog Training & Behaviour I pride myself on my professional puppy, dog training & behaviour services.

Providing ethical, force-free training using my wealth of experience and fully insured. I am passionate about delivering a first-class service for you and your pet and proud to be a top-rated trainer in Hedge End.

### **Email Address**

jules@talktothehound.net

### **Website**

www.talktothehound.net

### **Phone Number**

07909 851800



# Separation Anxiety



**Is your dog howling, pacing, or barking when left alone?**

**Would you like to be able to pop to the shops or undertake basic daily tasks without worrying about your dog?**

**Is your dogs anxiety causing arguments in the home?**

Some dogs find being left home alone a stressful and overwhelming experience and separation related behaviours can occur when a dog is separated from their caregivers or on occasions from one particular family member.

Expression of their distress can show with varying behaviours including vocalisation, destruction, pacing or toileting in the house.

Living with a dog with separation anxiety can be a challenging and restricting time for all the family and can be a very lonely time for caregivers.

**The good news is you are not alone!**



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# How do the sessions work?



## Initial Assessment

Before we begin the training, it is important to find out if your dog truly has SA and if the answer is 'YES', then what can your dog currently do before they show anxiety. Once we know the starting point, we can make a plan to help your dog feel better about being home alone, so you can get your freedom back.

This involves a 60 minute online session where we will chat through your booking form and undertake some initial training exercises to find your pups start duration.

## Training Plans

Once we know where to begin, you will be provided with a training plan. Each time you complete a plan, you can update the Be Right Back training app which you will have access to. I will then review how your dog coped from your comments and send you your next plan depending on the outcome. You can have up to 5 plans per week.

With your commitment and my support we will get you and your dog through this!



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## How do the sessions work cont..



### **Weekly Zoom calls**

Alongside the tailored training plans, we will arrange 30 min weekly Zoom calls. This allows me to check-in with your progress and for you to ask questions about the previous week, along with putting a plan in place for the week to come.

### **Support**

**You are not alone!**

Living with a dog with Separation anxiety can feel lonely and isolating, but this is soon to change.

I am here to support, coach and motivate you through the highs and lows of training.

**Together we can do this!**



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## Is this for you?

**For the best chance of success, there are a few things you will need to commit to if you are to take on the training.**

**Arrange for care so your dog is not left alone until they are able to cope.**

Everytime your dog is left to become distressed, your dog will be reinforcing their fear of being alone.

Therefore, you will need to commit to arranging for someone to be with your dog at all times while working through the protocol. You could look to use doggie daycare, dog walkers or sitters, friends, family or neighbours to help.

### **Stick to the plan**

Sometimes it can be easy to get ahead of yourself and increase the time you leave your dog when they are doing well. Although, this may occasionally pay off, it can also backfire. Therefore, you will need to commit to working with the plans and work at keeping your dog to departure times they can cope with and return prior to any distress.



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# SA Programmes



## Initial Assessment

Initial Online 60 min Assessment

## 4 or 8 Week Programmes

Weekly 15-30 min video support sessions

Email & What's App message support throughout your programme

Up to 5 tailored training plans per week

Access to the SA Pro Trainer App

10% Discount off a 1:2:1 online or face to face consult for any other areas you may want to cover



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# What's Next?



1

Arrange a FREE Discovery call to discuss your dogs training needs & find out if this protocol is for you.

2

Complete the booking form, arrange your initial assessment & confirm your booking

3

Prepare & check your cameras & equipment are ready for your session.

4

Start your journey and regain your freedom



# FAQ'S

## **Will my dog ever be ok on its own?**

Yes, your dog can learn to be happy alone, however, there is no quick fix, and it will require time to help your dog overcome its anxiety.

The protocol is proven to work, but requires the commitment to follow your personalised plan, step by step.

## **How long will it take for my dog to be happy home alone?**

Unfortunately, there is no way to predict how long it will take for a dog to overcome their separation anxiety. There are so many factors to take into account! If you follow the proven protocol, then you will have the best chances of success.

## **What areas do you cover?**

SA training is done 100% remotely (Via Zoom) so I can work with you wherever you live. It also allows me to observe your dog's behaviour in the realistic environment.

## **Will this work for my dog?**

There are no guarantees with behaviour change. However, the protocol is tried and tested and works by changing a dog's emotions and has helped many dogs of all breeds and ages.

## **What do I get from the training?**

By investing the time and commitment in your dog now, you will not only make your dogs life happier but will regain the freedom. No more juggling your dogs care when you need to do the most basic tasks like popping to the shops, having a shower or visiting friends.

# Additional Info.



## Payments, Bookings & Cancellations

### Payment

Payment due by bank transfer on confirmation of a date.

Lloyds Bank

Account Name: Talk to The Hound

Sort Code: 30-90-85

Account Number: 22156960

### Terms & Conditions

[[http://www.talktothehound.net/?page\\_id=198](http://www.talktothehound.net/?page_id=198)]

### Cancellation Policy

#### **1:2:1 Programmes**

Full refund if notified 48hrs or more prior to programme start date.

No refund if notified after programme start date or after sessions have commenced.



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